



## POSTING

LOCATION: Delta County

POSITION TITLE: Health Mentor

POSITION STATUS: 80 hours biweekly / Regular Full-time  
Delta Professional Unit / Exempt

SALARY RANGE/  
CLASSIFICATION: Base of \$15.40 to ten years at \$20.87  
(Delta Prof, Level 1) including full time benefits

**QUALIFICATIONS:** Bachelor's Degree in Health Science, Social Work, Rehabilitation, Psychology, Health Promotion or related field such as Kinesiology and Exercise Physiology. Must have, or obtain Personal Trainer Certification within 4 months of offer through one of these: (1) Aerobics and Fitness Association of America, (2) National Academy of Sports Medicine, (3) American Council of Exercise or (4) American College of Sports Medicine. Must also be able to lift 45 pounds and have the skills and understanding of proper spotting techniques. Preference will be given to candidates who have had experience working with persons with mental illness.

**RESPONSIBILITIES:** This position is responsible for assisting inSHAPE members to develop and implement their personal wellness program. This position will provide support, education, and motivation related to physical fitness, nutrition, and wellness. They will encourage by example. They will assist in training of volunteer mentors and other mentors as needed, and provide individual and group activity instructions. Although this position will work closely with the Wellness and Recovery Supervisor, taking direction as needed, they will also work independently in community settings with individuals and when leading activities. The collection and documentation of data on participant's progress is required.

EFFECTIVE: To be negotiated

APPLY TO: Send letter of interest and resume to:  
Pathways HR Department  
2500 7<sup>th</sup> Ave South Suite 100  
Escanaba, MI 49829  
Fax: 906-233-1220  
Email: [jroman@up-pathways.org](mailto:jroman@up-pathways.org)

APPLICATION DEADLINE: If there are no internal applicants, this posting will remain open to external applicants until the position has been filled.

An Equal Opportunity Employee